# **CORE Professional Services, P.A.** Personal Health & History (Child/Adolescent Form) Private and Confidential

First Name:	Last Name:		Middle Name:		
Date of Birth:	Current Age:		Today's Date		
Place of Birth:					
To which gender identity do you most identify?		Female Transgender Female Gender Variant Not listed:		Male Transgender Male Prefer not to answer	
Family History					
Parent #1:	Parent #1: Pa		Parent 1's Occupation (job):		
Parent #2:		Parent 2's Occupation	2's Occupation (job):		
List Full Siblings' Names & Ages					
Does Parent 1 have other children? Yes/No		If Yes, list names & a	ages:		
Does Parent 2 have other children? Yes/No		If Yes, list names & a	ages:		
If applicable, list step-sibling names & ages:					
Does anyone else in your family have criminal	charg	es? Yes/No			
List who & what they were charged with:	-				

Are there any other significant people who live in the child's household (example: step-parents, birth-parents, step or half-siblings, grandparents, foster family, family friends, or others)?

Name	Relationship to Child	Age	Male or Female	Where They Live

#### **BACKGROUND INFORMATION**

Child has lived with (check all that apply):

 $\Box$  Both parents

- $\Box$  A single parent
- □ A blended family (step-parent, step-brothers/sisters, half-brothers/sisters, etc.)
- $\Box$  An adoptive family
- □ Relatives, but not parents (specify): \_\_\_\_\_
- $\Box$  Out of home placements (foster homes, group homes, institutions, etc.)
- $\Box$  Other (specify): \_

#### LIFE EXPERIENCES

The following experiences have happened to the child or someone close to the child	This happened to the child	This happened to someone whom the child was close
Alcohol or drug abuse	$\Box$ Yes $\Box$ No	$\Box$ Yes $\Box$ No
Physical abuse or battering	$\Box$ Yes $\Box$ No	$\Box$ Yes $\Box$ No
Sexual abuse, molestation, or rape	$\Box$ Yes $\Box$ No	$\Box$ Yes $\Box$ No
Neglect	$\Box$ Yes $\Box$ No	$\Box$ Yes $\Box$ No
Physical disability	$\Box$ Yes $\Box$ No	$\Box$ Yes $\Box$ No
Chronic illness	$\Box$ Yes $\Box$ No	$\Box$ Yes $\Box$ No
Mental illness	$\Box$ Yes $\Box$ No	$\Box$ Yes $\Box$ No
Mental retardation	$\Box$ Yes $\Box$ No	$\Box$ Yes $\Box$ No
Learning disability	$\Box$ Yes $\Box$ No	$\Box$ Yes $\Box$ No
Attention Deficit / Hyperactivity	$\Box$ Yes $\Box$ No	$\Box$ Yes $\Box$ No
Suicide or suicide attempts	$\Box$ Yes $\Box$ No	$\Box$ Yes $\Box$ No
War experiences	$\Box$ Yes $\Box$ No	$\Box$ Yes $\Box$ No
Loss of a loved one through death	$\Box$ Yes $\Box$ No	$\Box$ Yes $\Box$ No
Frequent moving or relocation	$\Box$ Yes $\Box$ No	$\Box$ Yes $\Box$ No
Natural disaster (flood, earthquake, tornado)	🗆 Yes 🗆 No	□ Yes □ No
Abduction or kidnaping	$\Box$ Yes $\Box$ No	$\Box$ Yes $\Box$ No

The following experiences have happened to the child or someone close to the child	This happe	ned to the child	This happene whom the ch	
Removal from home / parents	$\Box$ Ye	es 🗆 No	□ Yes	□ No
Legal / court / incarceration / probation involvement	□ Ye	es 🗆 No	□ Yes	□ No
Economic status of child	Low	Working	Middle	Upper

#### ALCOHOL / DRUG USE

Does the child use alcohol or drugs?	□ Don't know
	□No
	□ Yes, (specify):
For children ages 10 and over:	
Have you ever felt you had to cut dow	wn on your drinking or drug use? $\Box$ Yes $\Box$ No
Have you ever had people annoy you	by criticizing your drinking or drug use? $\Box$ Yes $\Box$ No
Have you ever felt bad or guilty about	tt your drinking or drug use? 🛛 Yes 🖓 No
Have you ever had a drink or used dr	ugs as an eye opener first thing in the morning to steady your nerves, get
rid of a hangover, or to get the day st	arted? 🗆 Yes 🗆 No

# CHILD'S EDUCATIONAL STATUS

School Child Attend	Current Grade		
Special needs or concerns associated v (check all that apply):	with the child's educational environment		
□ Reading	□ Writing		
$\Box$ Math	□ Hearing and understanding verbal information		
$\Box$ Getting along with school mates	□Getting along with teachers		
□ Speech	□ Attendance/skipping classes/refusal to go to school		
□ Attention deficit/hyperactivity	□ Other (specify)		
Child is currently receiving special ed Type of Service:	ucation services: 🗆 No 🛛 Yes		
When did the service start:			

# **OTHER INFORMATION**

Activities which are an important part of the child's life include:	
Church (specify):	
Membership in clubs or organization (specify):	
Interests (specify):	
Hobbies (specify):	
Athletics (specify):	_
□ Volunteer activities (specify):	
Employment (specify):	_
Chores (specify):	
Other (specify):	

## **MEDICAL INFORMATION**

Child's <u>physician's nar</u>	<u>ne</u> is:		
The medical clinic which child goes to is:			
Child receives treatmer Specialist's Name:	nt from <u>other physicians or s</u> Address:	pecialists: □ No □ Yes (please specify): Reason:	
			-
The date of the child's last physical exam was: The results of the child's last physical exam were:			
Child is currently havin	ng <u>medical problems</u> or symp	otoms: □ No □ Yes (please specify):	
Child has allergies:	<ul> <li>□ No</li> <li>□ Yes (please specify):</li> <li>□ To medications</li> <li>□ To other things:</li> </ul>	To pollen/dust	

#### **CURRENT MEDICATIONS CHILD TAKES**

Name of medication	The reason child takes this medication	The dose child takes each time	The frequency with which child takes this medication	The last dose child took was (when)	The date child first began taking this medication was	Child is taking this medication as prescribed
						□ Yes □ No
						□ Yes □ No
						□ Yes □ No
						□ Yes □ No
						□ Yes □ No

# PRIOR MEDICAL CONDITIONS (check all that apply):

□ Child had a <u>head injury</u>	Describe:
□ Child had <u>seizures or convulsions</u>	Describe:
□ Child had <u>unusual behaviors</u> or body movements	Describe:
□ Child had serious illness	Describe:
$\Box$ Child had <u>surgery(s)</u>	Describe:

□ Child had other serious injuries	Describe:
$\Box$ Child had <u>hospitalization(s)</u>	Describe:
□ Child had <u>lead poisoning</u> or other poisoning	Describe:
$\Box$ There have been <u>medical problems</u> in child's parents, brothers, or sisters	Describe:

# ADDITIONAL SERVICES CHILD RECEIVES

Child is receiving help from Social Services for:	The name of the worker is:	The reason is:
<ol> <li>Financial Assistance,         <ul> <li>Yes</li> <li>No</li> </ul> </li> <li>Child Welfare Issues,             <ul> <li>Yes</li> <li>No</li> </ul> </li> <li>Case Management,             <ul> <li>Yes</li> <li>No</li> </ul> </li> <li>Case Management,             <ul> <li>Yes</li> <li>No</li> </ul> </li> <li>Child Services,             <ul> <li>Yes</li> <li>No</li> </ul> </li> <li>Other social services,             <ul> <li>Yes</li> <li>No</li> </ul> </li> </ol>	1         2         3         4	1         2         3         4
Child receives In-Home Family Services		
Child receives Home Health/County Nursing Services		
Child receives Probation Services		
Child receives other court/legal services		

# MENTAL HEALTH HISTORY

Name of counselor / therapist / doctor	Name of clinic / hospital	Address / city / state	The date(s) child went there were

The following mental health problems were/are present in child's family (parents, brothers, sisters, and other relatives):		
$\square$	Depression	Previous diagnoses of child:
$\square$	Bipolar Disorder (Manic Depression)	
$\square$	Schizophrenia	
$\square$	Panic attacks	
$\square$	Suicide	
$\square$	Alcohol abuse/dependence	
$\square$	ADHD/ADD (Hyperactivity)	
	Other	

#### CURRENT MENTAL HEALTH CONCERNS

The concern which led to child's appointment here is:

How does the child feel about the issues bringing them to counseling:

#### SELF-HARM CONCERNS

Child has recently experienced a desire or urge to kill her/himself.

 $\Box$  No  $\Box$  Yes  $\Box$  Don't know

Child has attempted to kill her/himself in the past.

 $\Box$  No  $\Box$  Yes  $\Box$  Don't know

Child is <u>currently experiencing</u> thoughts or urges to injure or harm her/himself.

 $\Box$  No  $\Box$  Yes  $\Box$  Don't know

Child has <u>engaged in</u> self-injurious or harmful behaviors.

 $\Box$  No  $\Box$  Yes  $\Box$  Don't know

#### VIOLENCE CONCERNS

Child has recently experienced a desire or urge to seriously harm or kill someone else.

 $\Box$  No  $\Box$  Yes  $\Box$  Don't know

Child has attempted to harm/hurt other people in the past (hitting, shoving, choking, punching, kicking, etc.).

 $\Box$  No  $\Box$  Yes  $\Box$  Don't know

Child has a history of violent or destructive behavior.

 $\Box$  No  $\Box$  Yes  $\Box$  Don't know

#### TREATMENT GOALS

What is <u>hoped to change</u> by having the child come here is:\_\_\_\_\_

# **Current Problem Checklist**

As you are filling this out please remember you do not need to experience these symptoms every day. The symptoms may present themselves when you are having a problematic day or period of time. NOTE: If your answer is sometimes, circle YES and explain how often this symptom occurs.

#### **NEUROVEGETATIVE**

Changes in sleeping pattern:	YES / NO	
Energy Level:	YES / NO	
Interest in pleasures:	YES / NO	
Appetite-Weight loss/gain:	YES / NO	

# MOOD

Distorted Body Image:

Depressed, Despondent, Sad:	YES / NO
Social withdrawal/Isolating:	YES / NO
Deterioration of personal hygiene:	YES / NO
Feeling hopeless/helpless/worthless:	YES / NO
Feeling guilty:	YES / NO
Trouble concentrating:	YES / NO
Lacking motivation:	YES / NO
Constant worrying:	YES / NO
Memory difficulty:	YES / NO
Euphoria:	YES / NO
Irritability/Feeling angry:	YES / NO
Decreased need for sleep:	YES / NO
Flight of Ideas:	YES / NO
Grandiosity:	YES / NO
Hyperverbal:	YES / NO
Racing Thoughts:	
High-Risk Behavior:	
Mood Swings:	
Increased psychomotor activities:	
mereased psychomotor activities.	IES / NO
ADHD	
Motor Activity:	YES / NO
Short Attention Span:	
Distractibility:	
Impulsivity:	
Impuisivity.	YES / NO
ANXIETY	
ANXIETY Uncontrollable Worry:	VFS / NO
Uncontrollable Worry:	YES / NO
Uncontrollable Worry: Nervous/On Edge:	YES / NO
Uncontrollable Worry: Nervous/On Edge: Easily Fatigued:	YES / NO YES / NO
Uncontrollable Worry: Nervous/On Edge: Easily Fatigued: Muscle Tension/Restlessness:	YES / NO         YES / NO         YES / NO
Uncontrollable Worry: Nervous/On Edge: Easily Fatigued: Muscle Tension/Restlessness: Panic Attacks (describe):	YES / NO
Uncontrollable Worry: Nervous/On Edge: Easily Fatigued: Muscle Tension/Restlessness: Panic Attacks (describe): Obsessive-Compulsive Thoughts:	YES / NO
Uncontrollable Worry: Nervous/On Edge: Easily Fatigued: Muscle Tension/Restlessness: Panic Attacks (describe): Obsessive-Compulsive Thoughts: Obsessive-Compulsive Behaviors:	YES / NO
Uncontrollable Worry: Nervous/On Edge: Easily Fatigued: Muscle Tension/Restlessness: Panic Attacks (describe): Obsessive-Compulsive Thoughts: Obsessive-Compulsive Behaviors: PTSD Symptoms:	YES / NO
Uncontrollable Worry: Nervous/On Edge: Easily Fatigued: Muscle Tension/Restlessness: Panic Attacks (describe): Obsessive-Compulsive Thoughts: Obsessive-Compulsive Behaviors: PTSD Symptoms: Phobias:	YES       / NO
Uncontrollable Worry: Nervous/On Edge: Easily Fatigued: Muscle Tension/Restlessness: Panic Attacks (describe): Obsessive-Compulsive Thoughts: Obsessive-Compulsive Behaviors: PTSD Symptoms:	YES / NO
Uncontrollable Worry: Nervous/On Edge: Easily Fatigued: Muscle Tension/Restlessness: Panic Attacks (describe): Obsessive-Compulsive Thoughts: Obsessive-Compulsive Behaviors: PTSD Symptoms: Phobias: Somatic Symptoms:	YES       / NO
Uncontrollable Worry: Nervous/On Edge: Easily Fatigued: Muscle Tension/Restlessness: Panic Attacks (describe): Obsessive-Compulsive Thoughts: Obsessive-Compulsive Behaviors: PTSD Symptoms: Phobias: Somatic Symptoms: THOUGHT DISORDER	YES       / NO         YES       / NO
Uncontrollable Worry: Nervous/On Edge: Easily Fatigued: Muscle Tension/Restlessness: Panic Attacks (describe): Obsessive-Compulsive Thoughts: Obsessive-Compulsive Behaviors: PTSD Symptoms: Phobias: Somatic Symptoms: THOUGHT DISORDER Visual/Auditory Hallucinations:	YES / NO
Uncontrollable Worry: Nervous/On Edge: Easily Fatigued: Muscle Tension/Restlessness: Panic Attacks (describe): Obsessive-Compulsive Thoughts: Obsessive-Compulsive Behaviors: PTSD Symptoms: Phobias: Somatic Symptoms: THOUGHT DISORDER Visual/Auditory Hallucinations: Tactile/Olfactory Hallucinations:	YES / NO
Uncontrollable Worry: Nervous/On Edge: Easily Fatigued: Muscle Tension/Restlessness: Panic Attacks (describe): Obsessive-Compulsive Thoughts: Obsessive-Compulsive Behaviors: PTSD Symptoms: Phobias: Somatic Symptoms: THOUGHT DISORDER Visual/Auditory Hallucinations: Tactile/Olfactory Hallucinations: Command Hallucinations:	YES / NO
Uncontrollable Worry: Nervous/On Edge: Easily Fatigued: Muscle Tension/Restlessness: Panic Attacks (describe): Obsessive-Compulsive Thoughts: Obsessive-Compulsive Behaviors: PTSD Symptoms: Phobias: Somatic Symptoms: <b>THOUGHT DISORDER</b> Visual/Auditory Hallucinations: Tactile/Olfactory Hallucinations: Command Hallucinations: Delusions:	YES / NO
Uncontrollable Worry: Nervous/On Edge: Easily Fatigued: Muscle Tension/Restlessness: Panic Attacks (describe): Obsessive-Compulsive Thoughts: Obsessive-Compulsive Behaviors: PTSD Symptoms: Phobias: Somatic Symptoms: <b>THOUGHT DISORDER</b> Visual/Auditory Hallucinations: Tactile/Olfactory Hallucinations: Command Hallucinations: Delusions: Paranoid Ideations:	YES / NO
Uncontrollable Worry: Nervous/On Edge: Easily Fatigued: Muscle Tension/Restlessness: Panic Attacks (describe): Obsessive-Compulsive Thoughts: Obsessive-Compulsive Behaviors: PTSD Symptoms: Phobias: Somatic Symptoms: <b>THOUGHT DISORDER</b> Visual/Auditory Hallucinations: Tactile/Olfactory Hallucinations: Command Hallucinations: Delusions:	YES / NO
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Uncontrollable Worry: Nervous/On Edge: Easily Fatigued: Muscle Tension/Restlessness: Panic Attacks (describe): Obsessive-Compulsive Thoughts: Obsessive-Compulsive Behaviors: PTSD Symptoms: Phobias: Somatic Symptoms: THOUGHT DISORDER Visual/Auditory Hallucinations: Tactile/Olfactory Hallucinations: Command Hallucinations: Delusions: Paranoid Ideations: Other:	YES / NO
Uncontrollable Worry: Nervous/On Edge: Easily Fatigued: Muscle Tension/Restlessness: Panic Attacks (describe): Obsessive-Compulsive Thoughts: Obsessive-Compulsive Behaviors: PTSD Symptoms: Phobias: Somatic Symptoms: THOUGHT DISORDER Visual/Auditory Hallucinations: Tactile/Olfactory Hallucinations: Command Hallucinations: Delusions: Paranoid Ideations: Other: EATING DISORDER/BODY IMA	YES / NO
Uncontrollable Worry: Nervous/On Edge: Easily Fatigued: Muscle Tension/Restlessness: Panic Attacks (describe): Obsessive-Compulsive Thoughts: Obsessive-Compulsive Behaviors: PTSD Symptoms: Phobias: Somatic Symptoms: THOUGHT DISORDER Visual/Auditory Hallucinations: Tactile/Olfactory Hallucinations: Command Hallucinations: Delusions: Paranoid Ideations: Other:	YES / NO

 

 YES / NO

 YES / NO

 YES / NO

 Weight Loss/Gain in the last month:

#### **IMPAIRED SOCIAL INTERACTION**

Legal Issues, Past or Present:	YES / NO
Poor Impulse Control:	YES / NO
Anger Control Problems:	YES / NO
Violence toward Others:	YES / NO
Destruction of Property:	YES / NO
Less Interested in Friends and Family	YES / NO
Problems at Work/School:	YES / NO
Problems in Relationships:	YES / NO
Find Rules Hard to Follow:	YES / NO
Difficulty in Social Situations:	YES / NO
Other:	YES / NO

Answers on this form may be changed post diagnostic assessment based on information the client provides in the interview.

Updated 9.29.22